



*Stanislav Grof's  
Journey of Consciousness*

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# THE WAY OF THE PSYCHONAUT

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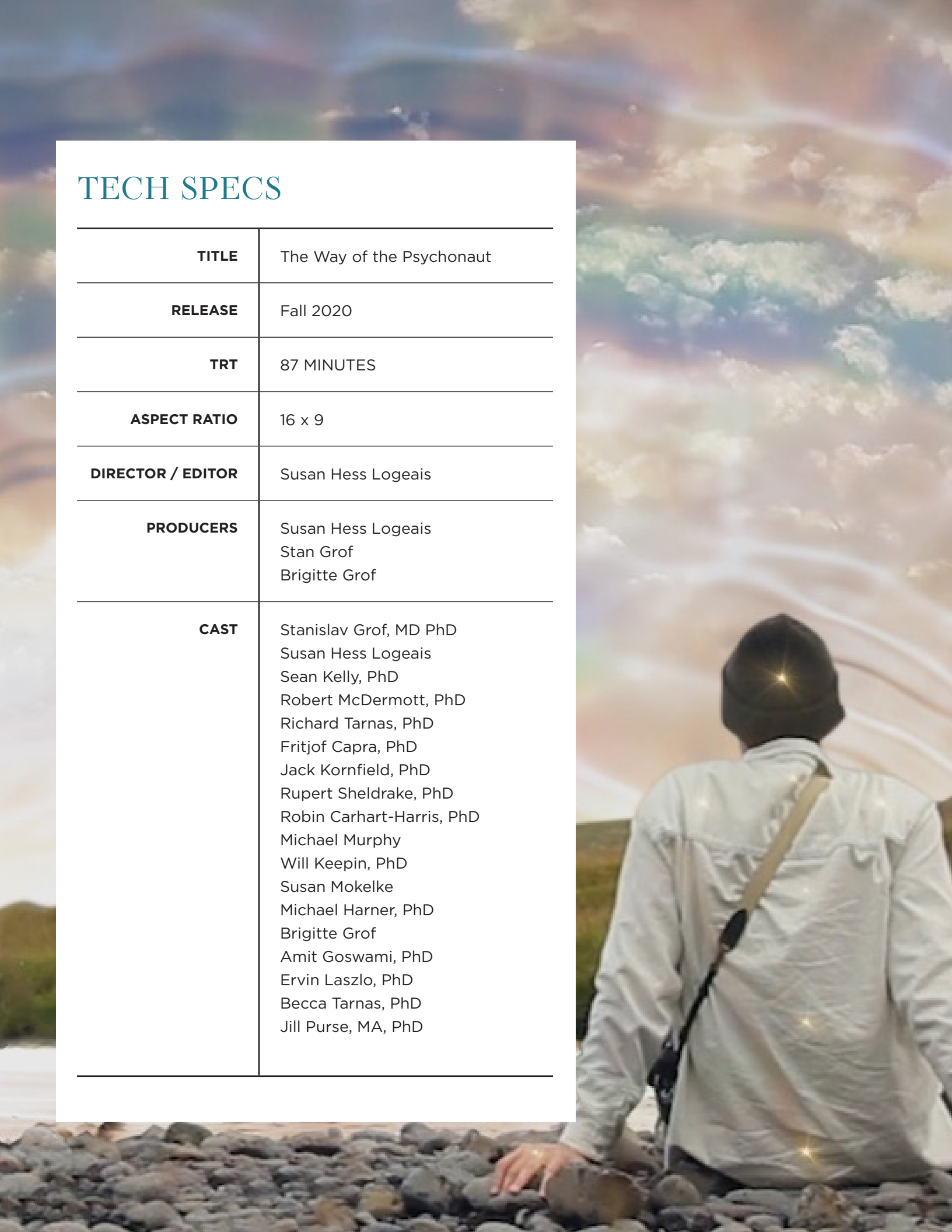
Fall 2020 Release

[TheWayofthePsychonaut.com](http://TheWayofthePsychonaut.com)



## TECH SPECS

<b>TITLE</b>	The Way of the Psychonaut
<b>RELEASE</b>	Fall 2020
<b>TRT</b>	87 MINUTES
<b>ASPECT RATIO</b>	16 x 9
<b>DIRECTOR / EDITOR</b>	Susan Hess Logeais
<b>PRODUCERS</b>	Susan Hess Logeais Stan Grof Brigitte Grof
<b>CAST</b>	Stanislav Grof, MD PhD Susan Hess Logeais Sean Kelly, PhD Robert McDermott, PhD Richard Tarnas, PhD Fritjof Capra, PhD Jack Kornfield, PhD Rupert Sheldrake, PhD Robin Carhart-Harris, PhD Michael Murphy Will Keepin, PhD Susan Mokolke Michael Harner, PhD Brigitte Grof Amit Goswami, PhD Ervin Laszlo, PhD Becca Tarnas, PhD Jill Purse, MA, PhD



## TAGLINE

***The Way of the Psychonaut***: Stanislav Grof's Journey of Consciousness

## LOGLINE

***The Way of the Psychonaut*** explores the life and work of Stanislav Grof, a psychedelic psychotherapy pioneer, creator of Holotropic Breathwork and a founder of Transpersonal Psychology.

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## SYNOPSIS

***The Way of the Psychonaut*** explores the life and work of **Stanislav Grof**, Czech-born psychiatrist and psychedelic psychotherapy pioneer. Stan's quest for knowledge and insights into the healing power of non-ordinary states of consciousness, influenced the discipline of psychology and profoundly changed many individual lives. One of those transformed by Stan is filmmaker **Susan Hess Logeais**. The documentary utilizes Susan's personal existential crisis as a gateway to Grof's impact, from the micro to the macro.

Susan and Stan begin with a series of interviews that reveal his journey from material scientist to a spiritually aware explorer of the deep psyche. Interviews combined with re-enactments of Stan's most remarkable therapeutic sessions bring to life the development of his theories. Additionally, a multi-layered visual story provides a framework of meaning to Susan's personal exploration of Stan's techniques and discoveries. The result is a powerful glimpse of what is possible for all of us.

Through his experiences, Stan gained a profound trust in the wisdom of the higher self, and discovered the lasting impact of unconscious memories from the birth process to influence a person's life. In the process,

Stan unlocked a way for renegotiating these experiences and liberating people from their traumas.

As the story expands, interviews with luminaries create a conversation between Stan and those most pivotal in his life; Michael Murphy, who invited him to Esalen as Scholar in Residence; Fritjof Capra, who introduced Stan to Quantum Mechanics and recognizes him as the only one to offer an experiential approach to understanding those concepts; Richard Tarnas who co-founded archetypal astrology with Stan during his ten years at Esalen; And Rupert Sheldrake, who remembers how Stan introduced him to a world where he could freely explore ideas without fear of retribution.

But when the focus turns to the present moment, Stan laments society's desire to shun the shadow and embrace the positive. Only when we learn to work out our conflicts within, will we co-exist peacefully with each other and the planet. The film ends with Stan's rebirth after the death of his wife Christina. After her death, Stan wonders if his time has come as well. But instead, he reconnects with Brigitte - a former student - revealing their deep love and the joy they have experienced together since.



## FILMMAKERS

**SUSAN HESS LOGEAIS** - Director / Producer / Editor

Susan Hess Logeais brings her passion as a social activist to her work as a filmmaker, creating thought provoking and inspiring films. Her background as a dancer, actress and perpetual student allows her to craft stories that do more than entertain. She also blends the knowledge and understanding earned from over 30 years of spiritual exploration with her technical experience as a filmmaker, providing her with a unique perspective on building projects that draw the viewer into a heartfelt experience of the story. Susan holds a BA in Interdisciplinary Studies with a concentration in Transformational Entertainment and Human Consciousness, and is working on her Masters in Philosophy, Cosmology and Consciousness.

**STAN GROF, MD, PHD** - Consultant / Producer

Stan Grof has 60 years of experience as a pioneer in human consciousness research. In the past, he was Principal Investigator in a psychedelic research program at the Psychiatric Research Institute in Prague, Chief of Psychiatric Research at the Maryland Psychiatric Research Center, Assistant Professor of Psychiatry at the Johns Hopkins University, and Scholar-in-Residence at the Esalen Institute. Grof's publications include over 150 articles in professional journals and 25 books. Recently, he was Professor of Psychology at the California Institute of Integral Studies, conducts professional training programs in Holotropic Breathwork and transpersonal psychology, and lectures worldwide. Additionally, Stan is one of the founders and chief theoreticians of transpersonal psychology and the founding president of the International Transpersonal Association. In 2007, he was granted the prestigious Vision 97 award from the Václav and Dagmar Havel Foundation and the Thomas R. Verny Award from the Association for Pre and Perinatal Psychology and Health in 2010.



**BRIGITTE GROF, PhD** - Producer

Brigitte Grof is a psychologist, psychotherapist and artist. In her early years she had a psychedelic experience that impacted her deeply. When her psychology studies did not answer her questions, she began studying art. In 1985 she found Stanislav Grof's books and decided to meet him, later traveling to The Esalen Institute in Big Sur, California to participate in a month-long Holotropic Breathwork seminar with Stan and Christina Grof on "Ancient wisdom and modern science". She assisted in many breathwork workshops and eventually participated in a 3 year training in Switzerland. Since 1989 she has been leading her own breathwork workshops in Germany. In the early years she also worked in France and was leading the first Holotropic Breathwork workshop in Czechoslovakia with Stan's mother Maria Grof. From the beginning of the Grof Transpersonal Training she was offering optional modules in Germany with Sylvester Walch and a 3 year training with Ingo Jahrsetz. She has a private practice as a psychotherapist in Wiesbaden, Germany, working with Gestalt-, bodywork and breathwork.



### **MITCH SCHULTZ** - Transmedia Producer

From an early age, Mitch's curiosity of the unknown universe forged his path in storytelling. With over 20 years of creative experience as a transmedia producer, experience designer, and educator, his work explores the inherent connections among consciousness, nature, culture, and the evolving human mythology. In the early '90s the confluence of art, information, and technology became the perfect storm for the germination of ideas that continue to inspire him today. Schultz's academic research ('95-'03) at UT Austin and New York University focused on communication theory, information technology, and media production. In 2009, Mitch decided to focus exclusively on his personal creative vision. As a result, his first documentary, DMT: The Spirit Molecule, premiered two years later and became an instant cult classic.

### **TOM SCHLESINGER** - Story Consultant

Tom Schlesinger has been a story consultant on the HBO documentaries "Prom Night in Mississippi" with Morgan Freeman and "A Small Act," both premiering at Sundance and winning awards internationally. He was the story consultant on "Nowhere in Africa," which won an Academy Award for Best Foreign Film, on "Beyond Silence," which was nominated for an Academy Award, and on the award-winning docs, "The Rugby Player," and "Blood Relative".

### **HOLLY MILLION** - Production Consultant

Holly Million is an artist, filmmaker, nonprofit leader, teacher, speaker, and writer whose personal passion is empowering people to change their world. Holly has over two decades' experience in nonprofit management, has been a consultant, director of development, executive director, and board member for scores of organizations, and has raised millions of dollars throughout her career.







## CONTACT

Thank you for your interest in The Way of the Psychonaut. For all press queries please contact the producers at [connect@thewayofthepsychonaut.com](mailto:connect@thewayofthepsychonaut.com)

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